

OFFICERS

President

Jan Kolb 704-562-3050

1st VP Membership

Marianne Smith 865-776-5948

Activities

Janis Lyons 440-376-0991

Secretary

Collette Laisure 216-548-5297

Treasurer

Jan Bermea 440-364-2302

DIRECTORS

Communications/Directory

Kathy Schiciano 330-608-0991

Friendship/Ambassador

Vickie Hoskins 567-377-3959

Hospitality

Debra Navratil 703-498-9207

2nd VPs Luncheons

Regina Weber 414-899-5805

Kay Caccamo 616-644-2518

Newsletter

Susan Cheshire 203-526-7413

Parliamentarian

Meredith Cores 404-433-9182

Publicity

Candace Wilson 240-481-2712

PRESIDENT'S LETTER

Dear New Clevelanders,

The sun is shining today. I will take that as a good sign of better days ahead. I hope this newsletter finds you all healthy and in good spirits.

While so many of our activities on hold until vaccines are readily available, we are busy reworking our website, so it is updated, more complete, and easier to edit. This will help us add new members to the directory, change information to make it current, and allow members to see pertinent information in an easier to read, less wordy format. We thought this was the time to do this since things are slow right now for us. Your board is working for you behind the scenes getting ready for a busy summer and fall season!!

This has been mentioned before but is worth mentioning again. Take advantage of our beautiful parks and take a walk outside. Bundle up, wear a scarf, hat, and mittens. Put on warm socks and shoes. Take a walk. The air is crisp and refreshing and I promise your head will feel clearer!! We need all the clarity we can get right now. Sometimes it is so easy to stay "safe" inside. Meet a friend for an outdoor walk and talk. It will brighten your day.

My levels of efficiency have improved in the following areas: self-manicures; cooking from scratch with whatever ingredients are on hand; speed reading; treadmill fast walking; organizing anything and everything; texting; zoom hosting; sewing all grandchildren's pant hems; puppy playing (yes, I have a new puppy). I share these "skills" with you because I bet you have your own list to add to mine. Send me some!!

I would love to see what you are all up to. I will share in the next newsletter. As always, stay safe and healthy. Enjoy your days. Hope to see you soon.

Jan Kolb
President New Clevelanders

NEW CLEVELANDERS NEWSLETTER

NEW MEMBER SPOTLIGHT

No new members this month.

NEW MEMBER COFFEE

No February Coffee

FEBRUARY BIRTHDAYS

2/01	Judy Strine
2/02	Resa McCreary
2/02	Lorie Jurkovich
2/03	Cherie Arnold
2/14	Judy Ernest
2/18	Becky Griffiths
2/20	Debra Van Scoik
2/22	Elle Bahhage
2/24	Mikki Pietrantozzi
2/26	Julia Ravenscroft

BOARD MEETING

Date: Monday, February 1st

Time: 10:00 AM

Place: Virtual meeting hosted by Jan Kolb.

Throwback Photo: Benefit Beat at Ronald McDonald House Spring 2015



Front Row: Audrey McDuff, Marty Nagel, Debbie Riedy, Jenny Wajciechowski, Karen Tudor, Kathy O'Donnell, Sue Kasper

Back Row: Paula Dudley, Meredith Cores, Stephanie Gerspacher, Mary Noel, Cindy Lower

NEW CLEVELANDERS NEWSLETTER

Member Spotlight: Two Truths and a Lie

Can you guess which of these statements about Jan Kolb are not true? The March newsletter will have the answer!

- 1) I have a twin sister who is 8 inches taller than I am.
- 2) Over the course of the many houses I have owned, I alone have wall papered and painted more walls than I can even remember.
- 3) My favorite vegetable is asparagus.



Last month we had two truths and a lie about Veda Penick. She never lived in France, but did study French for seven years. She understands a great deal of French!

To all New Clevelanders, if you are interested in participating in the Two Truths and a Lie segment of the newsletter, please send Susan Cheshire (scheshire6113@earthlink.net) your picture along with two truths and a lie about yourself. We hope many of you will participate as this is fun and others enjoy it. It is also a way to get to know each other a little better. We will publish what we receive over the course of the coming months. Thanks for participating! Jan Kolb

New Clevelander Cookbook Project

Since so many New Clevelander activities involve food, we thought it would be fun to publish a cookbook of dishes from New Clevelander gatherings over the years as well other tried and true recipes you would like to share with the group. After all food is one of the many things we do right! To get started, we are asking that you submit your recipe(s) to newclevelanderscookbook@gmail.com by February 28th (**EXTENDED DEADLINE**). You can send multiple recipes if you like. Please email them as attached Word documents (versus embedding them in the email) and make sure the following information is included for each one:

- List of ingredients
- Step-by-step cooking instructions with any special tips (e.g., "cake may look underdone at first but will firm up as it sits"; "you don't have to thaw the peas first"; etc.)
- How many people the dish serves.
- Roughly how long the dish takes to make: prep time and cook time.

Also, please feel free to preface your recipe with a short story of its origin or when or how you served it. You can also include captions, such as "Gets rave reviews from everyone," or "Great for a ladies' luncheon."

We are hoping this is an activity we can all participate in either by submitting recipes or helping to assemble and publish the cookbook. We are putting together a group to work on this project, so if you would like to be part of that group, please let Debra Navratil know. So far, Meredith Cores and Kelley Niven have volunteered. More information will be forthcoming as the project gets underway.

Unusual February Holidays

February 2	Day of the Crepe
February 3	Carrot Cake Day
February 4	Thank Your Mailman Day
February 5	Work Naked Day
February 6	Eat Ice Cream for Breakfast Day
February 8	Clean Out Your Computer Day
February 11	Make a Friend Day
February 19	Chocolate Mint Day
February 23	International Dog Biscuit Appreciation Day
February 24	Tortilla Chip Day
February 26	Pistachio Day
February 27	International Polar Bear Day

Source: www.holidayinsights.com

WHAT TO MAKE NEXT by Kelley Nivens

Happy February to all! With Valentine's Day around the corner, and our restaurants at half capacity, maybe you are looking for a romantic dinner at home. Here are a few of my favorites for just that!

Raspberry Basil Shrub

A shrub is a versatile, vinegar-based syrup that can be used for just about anything. Here are two ways - for a drink, and in salad dressing.

1 1/4 cups fresh raspberries
1/2 cup granulated sugar
Cranberry, or white Balsamic vinegar (Cranberry vinegar is available at the oil and vinegar store in Chagrin Falls)

1 cup basil leaves
2 T hot water

Place the berries, basil, sugar, and water in a pint glass jar. Muddle slightly with a cocktail muddler to break up the berries and basil leaves. Shake the jar vigorously and place in refrigerator overnight, or at least 10 hours. Remove jar from fridge, shake again, and muddle again, if necessary, to completely dissolve the sugar.

Strain the mixture through a fine mesh strainer, pressing down with a spoon to extract all syrup. Discard solids. Transfer the syrup to a glass measuring cup and note the volume of syrup. Add 1/3 of that volume of vinegar - for example, if you have 3/4 cup syrup (which you just might) add 1/4 cup vinegar, whisking until combined.

This syrup can be used immediately or stored in the refrigerator for several months.

Sparkling Shrub Cocktail

Place 1t Raspberry Basil Shrub syrup in a champagne flute. Fill glass with Prosecco. Garnish with a basil leaf.

Raspberry Basil Shrub Salad Dressing

1/4 Cup Vegetable oil
1/2 t salt.

3-4 T Raspberry Basil Shrub Syrup

Shake to combine. Enjoy with your favorite salad ingredients.

Shrimp and Cauliflower "Grits"

I love Shrimp and Grits! This cauliflower version is a yummy way to lighten it up.

For the Cauliflower grits:

1 whole head cauliflower, cut into florets and pulsed in a food processor until fine OR
2 packages frozen riced cauliflower

1/4 cup butter
1 t salt
2/3 cup coconut milk

2-3 cloves minced garlic
1/2 t pepper

WHAT TO MAKE NEXT - Continued

Steam the fresh cauliflower or cook the frozen according to the package directions. Melt the butter in a heavy pan. Add the cauliflower and garlic and stir fry for about 2 minutes. Add the salt, pepper, and coconut milk. Heat until bubbling and reduce heat. Using an immersion blender, blend until the mixture is smooth and creamy.

For the shrimp:

Cook 2 slices of bacon in a frying pan, drain on paper towels and crumble.

To the bacon drippings add:

1 T butter

2-3 Cloves minced garlic

Sauté 30 seconds until the garlic is soft. Add:

1 1/2 pounds raw shrimp, tails removed

1/2 cup sliced green onions

2 T fresh lemon juice

1 t salt

cayenne pepper to taste

Stir fry just until shrimp are no longer pink - only about 3-4 minutes.

Put the grits in individual serving bowls. Top each bowl with shrimp, a little of the pan drippings from the shrimp, the crumbled bacon and chopped fresh parsley. Enjoy!

CHARITABLE ORGANIZATIONS

During this time when it is difficult for us to personally participate in charitable work, we can participate through donations or even awareness. We have asked two board members to list those charities that they support. Please send in the names of charities you support so we can add them.

Detailed below are charities (non-religious) that two of our members donate to or volunteer for:

Collette Laisure:

Cleveland Playhouse

Cleveland Playhouse (CPH), founded in 1915 and the recipient of the 2015 Regional Theatre Tony Award, is America's first professional regional theatre. Throughout its rich history, CPH has remained dedicated to its mission to inspire, stimulate, and entertain diverse audiences in Northeast Ohio by producing plays and theatre education programs of the highest professional standards.

Karamu House

Founded in 1915, Karamu House is a place of joyful gathering, where people from different races, religions and economic backgrounds come together through the arts. Recognized as the oldest, producing African American theatre in the nation, Karamu House is continually cited as one of Cleveland's top four treasures - and featured in the Smithsonian National Museum of African American History & Culture and listed on the U.S. National Register of Historic Places.

Rainbow Foundation

Their mission as the Rainbow Babies & Children's Foundation is to support, promote and enhance University Hospitals Rainbow Babies & Children's Hospital to deliver the highest quality health care to children. A few of their signature events are: Ride the Rainbow, Rainbow Golf Classic, Rainbow Jumper Classic and a new event Winterful Tea.

Marianne Smith:

Breakthrough Schools

Breakthrough Schools is a non-profit organization supporting the highest-performing network of free, public charter schools in Cleveland, Ohio. The mission of Breakthrough Schools is to develop a growing network of distinctive school options that prepare Cleveland area students for success in life.

Greater Cleveland Food Bank

The Greater Cleveland Food Bank is the largest hunger relief organization in Northeast Ohio having served more than 404,000 people in Cuyahoga, Ashtabula, Geauga, Lake, Ashland, and Richland counties in FY2020.

Providence House

Providence House is Ohio's first and one of the nation's longest operating crisis nurseries among the 70+ in operation in the US and Canada today. They offer free, voluntary (non-custodial) emergency shelter to children newborn through twelve years old, actively living in crisis situations which place them at risk of abuse or neglect.

Please do your own research when evaluating a charity. Charity Navigator (www.charitynavigator.org) provides a guide on how to evaluate charities.

~~ CURRENT ACTIVITIES ~~

BOOK CLUB

Date: Wednesday, February 3rd

Time: 9:30 am

Place: Zoom Meeting

Chair: Susan Cheshire 203-526-7413
scheshire6113@earthlink.net

Details: *February 3rd: The Silent Patient* by Alex Michaelides. The instant #1 New York Times bestseller "An unforgettable—and Hollywood-bound—new thriller... A mix of Hitchcockian suspense, Agatha Christie plotting, and Greek tragedy." —Entertainment Weekly.

March 3rd - *Winter Garden* by Kristin Hannah. From the author of the smash-hit bestseller *Firefly Lane* and *True Colors* comes a powerful, heartbreaking novel that illuminates the intricate mother-daughter bond and explores the enduring links between the present and the past.

Please feel free to attend the Zoom meeting **even if you have not read the book.**

CLUB GASTRONOMIQUE (Club G)

Each group's head chef will determine the date, time, and place of the meetings.

Chair: Kelley Niven 269-615-2288
dandkniven@sbcglobal.net

Details: If you would like to be part of a New Clevelanders Recipe Exchange TEXT me (Kelley Niven) at 269-615-2288 and I will add you to the group. You will have to send one recipe to start and we will take it from there. Please do not sign up if you are not going to send your recipe. New Clevelanders members only please!

KNITTING

Date: No February Dates

Time: N/A

Place: N/A

Chair: Veda Penick 216-470-5092
vedapenick@gmail.com

Details: Knitters can meet at the home of Veda Penick (just a few people at a time). If you are comfortable meeting, Veda can show you how to knit and/or go over pattern ideas. Contact Veda if you want to be on the mailing list.

NEW CLEVELANDERS NEWSLETTER

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Date: 2nd and 4th Mondays, 1 pm, online

Time: N/A

Place: N/A

Chair: Jean Spangenberg 216-533-5940
Jqpspangenberg@gmail.com

Details: I hope you all had a wonderful holiday, even if it was a tad smaller. We are continuing to play online with zoom. Come join us online anytime by contacting me and letting me know you would like to be on the list of people who said they would like to play. You will receive bimonthly reminder emails so you can let me know if you are joining us that week. Here is to a new healthy and happy year.

~~ACTIVITIES ON HOLD THIS MONTH~~

BENEFIT BEAT

Chairs: Debra Van Scoik 717-830-3180
dgvanscoik@gmail.com

Linda Kresnye 440-903-1007
lkresnye@sbcglobal.net

BUNKO

Chairs: Michelle Daunch 216-469-0613
mdaunch@yahoo.com

Monika Hellstern 203-217-1971
mkhellstern@yahoo.com

CANASTA

Chairs: Cherie Arnold 440-247-6104
cherie_arnold@yahoo.com

EXCURSIONS

Chair: Jamie Wolf 847-602-7043
wolffamily5@hotmail.com

FOOD AND WINE SOCIETY

Chair: Susan Cheshire 203-526-7413
scheshire6113@earthlink.net

GOLF

Chair: Nancy Lykins 330-995-6045
nllykins@aol.com

LADIES MIXER

Chair: Laura Regelski 585-747-2160
lregelski@gmail.com

LUNCH BUNCH

NEW CLEVELANDERS NEWSLETTER

Chair: Heather Rawlings 812-374-7654
heather.rawlings@comcast.net

PICKLEBALL

Chair: Karen Lee 216-926-9637
kslee27@gmail.com

TRAVEL TALK

Chair: Kathy DeMerit 408-656-7163
kdemerit@yahoo.com

WALKING CLUB

Chair: Kathy DeMerit 408-656-7163
kdemerit@yahoo.com